



# Resources for Families

EVERY FAMILY CAN USE SOME HELP SOMETIME. WE CAN HELP.

## Free or low-cost services

	Basic Needs	Child Care Needs	Domestic Violence	Family Support and Education	Food Resources	Mental Health	Substance Abuse	Languages
<b>2-1-1 Orange County</b> Dial 2-1-1 211oc.org	✓	✓	✓	✓	✓	✓	✓	All
<b>Access California Services</b> (714) 917-0440 accesscal.org	✓		✓	✓	✓	✓		E/S/F/A
<b>Children's Home Society</b> (714) 543-2273 chs-ca.org/for-families/child-care-referrals		✓		✓				E/S
<b>Community Health Initiative of Orange County (CHIOC)</b> (714) 619-4050 Chioc.org	✓				✓			E/S
<b>Domestic Violence Hotline</b> (800) 799-7233			✓					E/S
<b>Families and Communities Together (FaCT)</b> (714) 566-2878 factoc.org	✓	✓	✓	✓	✓	✓	✓	E/S/V
<b>NAMI-OC Warmline</b> (714) 991-6412						✓	✓	E/S/V/F
<b>OC Asian and Pacific Islander Alliance (OCAPICA)</b> (714) 636-9095 www.ocapica.org	✓	✓	✓	✓		✓	✓	E/V/K/C/T/Kh
<b>OC Links</b> (855) 625-4657 ohealthinfo.com/oclinks						✓	✓	E/S/V/F
<b>OC Suicide Crisis Line</b> (877) 727-4747						✓		E/S

To find out more, contact the organizations directly or ask \_\_\_\_\_ at the school office.

### Languages

E: English, S: Spanish, V: Vietnamese, K: Korean, C: Chinese, F: Farsi, A: Arabic, T: Tagalog, Kh: Khmer

See reverse...

The WE CAN Coalition and its sponsors and members do not endorse or recommend any organizations or services. Mention of organizations and services in this flyer cannot be construed as an endorsement or recommendation, but rather are mentioned for informational purposes and for the convenience of its users.

### *Description of the Services*

**Basic Needs:** These organizations can help you sign up for CalWorks (public assistance), CalFresh (food), and CalOptima (medical) and may be able to connect you to other assistance such as utilities, transportation, housing, or disability.

**Child Care Needs:** If you need help finding or paying for quality care for young children or after school programs, contact these organizations.

**Domestic Violence:** These organizations can help if you, a family member, or friend is a victim of physical, sexual, or emotional abuse.

**Family Support and Education:** These organizations provide services to support your family, such as counseling, financial planning, parenting classes, health services, and much more.

**Food Resources:** If you are short of food or need healthy food, these organizations can provide it or connect you to places that can.

**Mental Health:** If you or a family member is dealing with mental health concerns, these organizations can lend a helping hand.

**Substance Abuse:** These organizations can connect people struggling with drugs or alcohol to places that can help.

### *Description of the Organizations*

**2-1-1 Orange County:** 2-1-1 is the biggest information and referral system for non-emergency needs in Orange County. Call or go to their website to be quickly connected to the help your family needs.

**Access California Services:** Access California Services offers many services to all County residents, with a focus on the Arab-American and Muslim-American communities. They are located in Anaheim but can accept phone calls from anywhere.

**Children's Home Society:** Children's Home Society supports all children and families, focusing on family education and helping parents find and pay for child care. They are located in Orange, but can take phone calls from anyone.

**CHIOC:** CHIOC helps families register for medical programs like CalOptima and basic needs programs like CalWorks and CalFresh. Their headquarters is in Santa Ana and they have enrollment locations throughout the county.

**Domestic Violence Hotline:** Call the National Hotline if you are a victim of domestic violence and they will connect you with a local organization that can help.

**FaCT:** FaCT operates Family Resource Centers throughout Orange County. Families can get free services from FRCs, including counseling, parenting classes, after school programs, basic needs assistance, and much more.

**NAMI-OC Warmline:** The Warmline is a free and confidential phone service that provides emotional support and resources.

**OCAPICA:** OCAPICA works to support the Asian and Pacific Islander community through support for mental and physical health, workforce training, and youth education. They have 5 locations across Orange County.

**OC Links:** Provides telephone and online support to people seeking mental health or drug and alcohol treatment.

**Orange County Suicide Crisis Line:** 24 hour, immediate phone support to anyone in crisis or thinking suicidal thoughts.