



ARE YOU PREGNANT OR HAVE A CHILD UNDER AGE 1?

Do you also experience any of the following:

- Sadness, anxiety, or worry about being a good enough parent?
- Trouble sleeping, eating, concentrating, or making decisions?
- Stress related to finances, relationships, and life transitions?

You are not alone

1 in 5 new mothers in Los Angeles County experience maternal depression.
(Maternal Mental Health NOW)

Partnerships for Families is here to help.

- Spanish- and English-speaking therapists experienced in postpartum mood & anxiety, teen parenting, substance abuse & family violence
- Parenting support, father engagement, and child development guidance
- Individual, family, and couples therapy
- Infant massage instruction
- Linkages to FREE community resources and assistance with basic needs

Most importantly, we inspire moments of shared joy for you, your family, and your new child!

***Currently offering virtual sessions due to COVID-19**



FOR INFORMATION AND REFERRALS PLEASE CONTACT:

EVANGELINE BISHOP, PSY. D. (310) 829-8153

PROVIDENCE ST. JOHN'S CHILD & FAMILY DEVELOPMENT CENTER
1339 20TH STREET, SANTA MONICA, CA 90404

***Eligible zip codes:** 90024, 90025, 90034, 90035, 90045, 90049, 90056, 90064, 90066, 90067, 90073, 90077, 90094, 90210, 90211, 90212, 90230, 90232, 90263, 90265, 90272, 90291, 90292, 90293, 90401, 90402, 90403, 90404, 90405