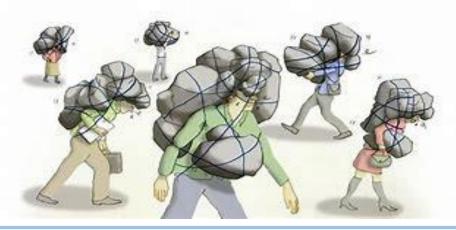


TRAUMATIC STRESS CAUSED BY THE MIGRATORY LAWS



We know that knowing is power ...

We designed a free workshop that informs you on the impact of immigration laws on your mental health and well being. We focus on creating an understanding that maintaining a healthy mind is just as important as maintaining our physical health.

We also provide resources, education and knowledge about your rights, given recent immigration threats.

| Our Workshop is: | | Interested? |
|---|-------------|---|
| Confidential | | Please contact: |
| Free! | | Foline Ocempo I COM |
| Educational | | Felipe Ocampo, LCSW (213) 247-9145 |
| In Spanish or English | REALTH SEAL | FOcampo@dmh.lacounty.gov or Barbara Malinowski (213) 408-5335 BAmalinowski@dmh.lacounty.gov |
| Presented at numerous locations | | |

WELLNESS • RECOVERY • RESILIENCE