Ask about seeing a WIC Breastfeeding Peer Counselor today.

Local Agency Information:

WIC Breastfeeding Peer Counselors are moms like you. They breastfed their babies...will support you and answer your questions...be by your side if you need help...cheer you on.
Your WIC Breastfeeding Peer Counselor will:

- listen to you and encourage you
- share current information with you
- respect your wishes and help you meet your goals
- see you at WIC and talk with you on the phone or by text or email
- answer your questions and concerns
- connect you with other moms and groups
- arrange for you to see a breastfeeding expert, if needed
- help you understand your baby’s sleep, cues and crying

“Thank you for your help and support when Autumn and I were learning to breastfeed. Your patience and direction were so helpful. Because of you Autumn and I are doing wonderful and nursing strong.”

**WIC Mom**